


# Major Statins

<p><b>Simvastatin</b> (generic name) Zocor (brand name)</p>	<p>Common doses: 5, 10, 20, 40, and 80 mg tablets. Common regimen: One pill per day with meal</p> <hr/> <p>Side effects: muscle pain, nerve pain, memory loss</p> <p>Used for both primary prevention (people who have never had a cardiovascular incident) and secondary prevention</p>
<p><b>Atorvastatin</b> (generic name) Lipitor (brand name)</p>	<p>Common doses: 10, 20, 40, and 80 mg tablets Common regimen: One pill per day, every day.</p> <hr/> <p>Side effects: muscle pain, nerve pain, slight risk of severe liver problems</p> <p>Cuts risks for cardiovascular events and strokes.</p> <p>Should not be taken by pregnant women, and is not considered safe for fetuses.</p>
<p><b>Rosuvastatin</b> (generic name) Crestor (brand name)</p> <p>A third-generation statin</p>	<p>Common doses: 15, 10, 20, and 40 mg. Common regimen: One pill per day, every day.</p> <hr/> <p>Side effects: nerve pain, long-term use brings risk of diabetes, higher risk of muscle problems than posed by atorvastatin or simvastatin.</p> <p>Lowers LDL levels. Raises HDL levels. Also reduces triglyceride levels</p>

 Other statins: Pravastatin (Pravachol), Fluvastatin (Lescol), Lovastatin (Mevacor), and Pitavastatin (Livalo)  
<http://www.statinanswers.com/types.htm>